

LA VRIE, LE PASTILLET, LA CONTREDANSE  
(France - Upper Poitou)

La Vrie, Le Pastillet, La Contredanse (lah-VREE, luh-pahs-tee-YAY, lah-kawn-truh-DAHNS), is a suite of three dances from the repertoire of "les Pibolous de la Mothe St. Heray." Learned from Michel Piot, Pont-Chrétien, April 1972.

Music: Record: Barclay 820-203 (LP) "Le Poitou." 2/4 meter.

Formation: Quadrette -- One cpl facing another cpl: W M  
M W  
W join R hds over M R hds forming a star. Free hds hang loose.

<u>Meas</u>	<u>Pattern</u>
	<u>LA VRIE</u>
	<u>FIGURE I. MOULINET (star)</u>
A 1	All starting with L ft one running two-step, formation revolving CW.
2	Step-hop on R ft.
3-8	Repeat meas 1-2, completing 2 full turns.
	<u>FIGURE II. BALANÇÉS CROISÉS (step-swing)</u>
B 1	Drop hds and ptrs face each other. Step on L ft (ct 1). Hop on L ft, scuffing R ft across L ft (ct 2).
2	Reverse, stepping on R ft (ct 1). Hop on R and scuff L ft across R (ct 2).
3-8	Repeat meas 1-2, Fig. II, 3 more times. Repeat La Vrie from the beginning 4 more times.
	<u>LE PASTILLET</u>
	<u>FIGURE I. AVANT-DEUX (forward and back)</u>
A 1-2	Starting with L ft, ptrs move twd each other with 4 slow walking steps turning and dropping R shoulder.
3-4	Walk away from each other the same way.
5-8	Repeat meas 1-4, Fig. I.
	<u>FIGURE II. TOUR DE MAIN (modified chain)</u>
B 1-2	Join R hd with ptr, change places, starting with L ft, 4 walking steps.
3-4	Join L hd with opp and do an Allemande L.
5-8	Join R hd with ptr and come back to home pos using 8 walking steps. Repeat "Le Pastillet" from the beginning twice more.
	<u>LA CONTREDANSE</u>
	<u>FIGURE I. FRAPPES DES MAINS (Hand clapping)</u>
A 1-8	Bending body fwd all moving CW on the small circle of each quadrette, do 16 running steps, clapping hds (twice around).
	<u>FIGURE II. CHAÎNE ANGLAISE (R and L)</u>
B 1-8	Join R hd with ptr and do a regular R and L (twice around). Repeat "La Contredanse" one more time.

Presented by Louise and Germain Hébert